

Boys Only!

Social skills and behavior management group for 7-10 & 11-14 year old boys

What can you expect from this group?

- Boys will learn strategies for interacting with classmates, family, friends, as well as bullies.
- Weekly sessions incorporate the basic skills of eye contact, why its so important, why we want to say hello and goodbye, how to be patient, and wait ones turn.
- Emphasis in the group will be on learning appropriate communications skills to facilitate positive relationships. Boys will learn how to read and interpret nonverbal cues and respond appropriately to social cues.
- They will learn how to initiate and maintain positive social interactions.
- The group will focus on recognizing and interpreting emotions including how to identify and manage their strong emotions such as anger, frustration, or low self-esteem.
- Group participants will learn how to take and accept responsibility for their actions and learn how to develop and strengthen their self control skills. Self expression, individual and group problem solving, imagination, and self confidence will be encouraged and developed through the use of improvisational role-play of the weekly topics.

When:

Saturdays

Beginning November 5, 2011

Times:

10:00am & 11:00am

Where:

Copperfield Counseling & Psychotherapy

7050 Lakeview Haven Dr., Suite 140

Houston, TX 77095

Fee:

\$30 Per One Hour Group Meeting

For more information email sherell@houstoncounselor.me or call 832-356-8549

*Group Size

Limited to 6-8 Participants